

CONNECTICUT BANKERS ASSOCIATION



Inspiring. Engaging. Riveting. Laugh-out-loud funny. Authentic. Highly entertaining. With a rare ability to connect at a deeper level with her audiences – in person or virtually. Kim is a sought-after thought leader on change and resilience who leaves her audiences with a **“Momentum Mindset”** - ready to **conquer change, take bold action, become more resilient and accelerate success no matter what.**

Kim’s expertise on resilience and thriving in the midst of change has been featured in national media such as *People*, *SELF*, *The New York Times*, *USA Today*, *Good Morning America* and *Lifetime Television*.

Kim knows a thing or two about change and challenges through her own experiences in business and life. As an attorney, serial entrepreneur running two successful businesses for over two decades, communications strategist and “recovering” political consultant, Kim has conquered the ever-changing tough worlds of business, government, and politics. She’s also conquered breast cancer and other life challenges. Kim has consulted with CEO’s, top level leadership and elected officials on leading with more impact and turning Momentum Busters into Momentum Boosters. Her strategic insights and practical solutions have been utilized by hundreds of happy clients – including Fortune 100 companies, associations, governmental entities, and non-profit organizations.

Kim provides practical tools and strategies to effectively adapt to change, manage your energy and boost your resilience. Kim doesn’t want you to just bounce back after change and adversity – she wants you to develop a Momentum Mindset® where you bounce higher, push past limited thinking, get unstuck, and use the change and adversity in life as the fuel needed to propel you forward – faster, further, stronger and better than ever before. After hearing Kim, audiences leave ready to take her relatable lessons and practical solutions and put them into immediate action.

Kim graduated with honors from Missouri State University with a Bachelor of Science degree in marketing and received her Juris Doctorate with honors from the University of Missouri-Kansas City School of Law. She is a member of the National Speakers Association, the International Association of Business Communicators, the Association of Talent Development and holds a Certificate of Public Participation from the International Association of Public Participation. Kim resides in Columbia, Missouri with her husband Jason and three children and delivers her programs both virtually and in-person throughout the world.